

DOCTORAL STUDENT GUIDE

From the Doctoral School n° 618 Euclide

LA ROCHELLE UNIVERSITE



A doctorate is a research-based course. It takes the form of an innovative personal research project that enables the student to become an expert in his or her field of research in three years and to acquire technical, organisational and relational skills.

The doctorate is the highest degree (Bac +8)
of French Higher Education
and internationally recognised

A word from the Management of the Doctoral School

The doctorate is the highest level of study that can be obtained.

This guide is intended to provide you with the essential information you need to succeed in your doctoral studies. You will find practical information on the organisation of the doctorate. The functioning of the "Euclid" Doctoral School and its transversal activities are explained here, but you will also discover the services that La Rochelle Université offers to accompany you during the preparation of your thesis, including some legal aspects.

Good reading, best thesis,

Karim AÏT-MOKHTAR
Director of the Euclid ED

Christel LEFRANCOIS
Head of Transversal Activities of the Euclid ED

www.univ-larochelle.fr/-Etudes-doctorales

The Euclide Doctoral School

The Euclide ED accompanies the doctoral student in his/her specific and transversal training and also follows the progress of the doctoral student in his/her research. The director and deputy directors also authorise the defence of the thesis according to the study regulations adopted by the ED council on 27 September 2018, updated on 11 September 2020 and based on [the decree of 25 May 2016 then modified the 22 August 2022, setting the national framework for training and the procedures leading to the award of the national doctoral diploma](#).

The transversal activities pole of the Euclide ED coordinates the transversal training courses (see below) and ensures the actions common to all doctoral students registered in Euclide. The unit also organises various events (the doctoral students' first day of classes, the "Ma thèse en 180 secondes" competition, the second-year doctoral students' conference and the doctoral graduation ceremony).

Organisation of the EUCLIDE Doctoral School

Direction Karim Aït-Mokhtar and David Waterman

Doctoral School Office Karim Aït-Mokhtar, Paco Bustamante, Laurent Mascarilla, Stéphanie Peltier, Céline Laronde-Clérac, Christel Lefrançois, David Waterman.

Cross-cutting activities referent Christel Lefrançois

Education officer of the doctoral school office Virginie Chabot

Administrators of the doctoral school Jennifer De la Corte Gomez & Isabelle Hirsch

Doctoral School Council :

ED office representatives	Doctoral student representatives
Karim Aït-Mokhtar, Paco Bustamante, Céline Laronde-Clérac, Christel Lefrançois, Laurent Mascarilla, Stéphanie Peltier, David Waterman	SHS : Louise Bernard & Martin Hazard
Representatives of research units	External personalities
Jérôme Moreau (CEBC), Cyril Allery (LaSIE) , Alain Gaugue (L3I)	Isabelle Landriau (Ecole de la Mer), Ahmed Loukili (Ecole centrale Nantes), Maître Marc-Antoine Julien (Avocat-Barreau La Rochelle-Rochefort), Jean-Michel Cheumeni– CARL ZEISS MEDITEC (Technologies médicales)
LRU services representatives : Marie De Chalendar (DRH), Amandine Courtadon (DOI)	

Assistant Directors - Doctoral School Referents according to your research unit

Research Unit	Domain				
LITHORAL, LIENSs	Law	Céline LARONDE-CLERAC	05 46 45 86 43		celine.laronde-clerac@univ-lr.fr
CRHIA, D2IA, LIENSs	Languages, Humanities, History	David WATERMAN	05 46 45 68 51		david.waterman@univ-lr.fr
LIENSs, CEBC, Ifremer	Environment	Paco BUSTAMANTE	05 46 50 76 25		paco.bustamante@univ-lr.fr
L3i, MIA	Maths, info	Laurent MASCARILLA	05 46 51 87 43		laurent.mascarilla@univ-lr.fr
LaSIE	Engineering Sciences	Karim AIT-MOKHTAR	05 46 45 72 64		karim.ait-mokhtar@univ-lr.fr
NUDD, LITHORAL	Economics, management	Stéphanie PELTIER	05 46 45 82 09		stephanie.peltier@univ-lr.fr
Cross-cutting activities		Christel Lefrançois	05 46 45 72 17		christel.lefrancois@univ-lr.fr

Practical informations

Adress

Doctoral School
La Rochelle University
Orbigny Building - (2nd floor)
Avenue Michel Crépeau 17042 La Rochelle cedex

Doctoral School website: www.univ-larochelle.fr/-Etudes-doctorales

Contact: ecole-doctorale@univ-lr.fr

Secretariat

Jennifer DE LA CORTE GOMEZ, 05 46 45 83 41

ecole-doctorale@univ-lr.fr

Isabelle HIRSCH, 05 46 45 87 12

ecole-doctorale@univ-lr.fr

Research at La Rochelle Université

The LUDI Institute (Urban Sustainable Intelligent Coastline)

Within the framework of La Rochelle Université's specialisation strategy, the new LUDI institute "Intelligent Sustainable Urban Littoral" aims to make La Rochelle Université a university that is mobilised, positioned, known and recognised at the highest level in training and research, following disciplinary and multidisciplinary approaches, around a unique signature in France and abroad on the "Intelligent Sustainable Urban Coastline" allowing us to (1) increase our student and scientific intellectual power and (2) position ourselves as a major player in the societal and economic development of the region. This strategy of specialisation is today multiplied by the recent creation of the EU-CONEXUS European University, also specialised in the same theme, which today brings together 9 campuses in Europe.

Under the political responsibility of the Vice-President for Research and Director of LUDI, Christian Inard, and the administrative responsibility of Jean-Marc Wallet, the LUDI Institute links the Master's and Doctoral courses with the Research Units. The implementation of La Rochelle Université's scientific policy, the steering of research and the allocation of resources, as well as the funding of theses, is therefore ensured by the LUDI Council. Some activities are of particular interest to doctoral students:

- preparation of a post-doc (project, financing, file...),
- information on research administration and management (contracts, budgets, records),
- information on mobility programmes during and after the thesis
- participation in the research governance of the institution (4 seats are reserved for doctoral students in the Research Commission).

Contact:

Director of research and administration: Jean-Marc WALLET, jean-marc.wallet@univ-lr.fr
05 46 45 68 90

Research units of La Rochelle Université

<p>CEBC Centre d'Etudes Biologiques de Chizé UMR 7372 - CNRS & La Rochelle Université https://www.cebc.cnrs.fr/</p>	<p>CRHIA Centre de Recherches en Histoire Internationale et Atlantique Université de Nantes & La Rochelle Université www.crhia.fr</p>
<p>D2iA Dynamiques, interactions, interculturalité Asiatique UMRU 24140 Université Bordeaux Montaigne & La Rochelle Université https://d2ia.fr/</p>	<p>L3i Laboratoire informatique, image et interaction EA 2118 La Rochelle Université https://l3i.univ-larochelle.fr/</p>
<p>LaSIE Laboratoire des Sciences de l'Ingénieur pour l'Environnement UMR - 7356 CNRS & La Rochelle Université https://lasie.univ-larochelle.fr/</p>	<p>LIENSs Littoral Environnement et Sociétés UMR - 7266 CNRS & La Rochelle Université https://lienss.univ-larochelle.fr/</p>
<p>EOLE Environnement Organisation Législation</p>	<p>MIA Mathematics, Image and Applications EA 3165 La Rochelle Université http://mia.univ-larochelle.fr/</p>
<p>NUDD laboratoire pour les Usages du numérique pour le développement durable</p>	<p>PoLiCEMIES Politique Littératures Cultures Ecriture Médialité Idées Expressions Sciences</p>

Please have a look here- <https://www.univ-larochelle.fr/luniversite/organisation/conseils-commissions-et-comites/>



Doctoral theses - various formats...

Theses are carried out either with a doctoral contract signed with La Rochelle Université (contractual doctoral students), or as an employee of another organisation (CIFRE, ADEME, etc.), but always with registration at La Rochelle Université. In all cases, the doctoral student is associated with the same laboratory or research unit as his/her thesis director. The thesis supervisor must be qualified to direct research (HDR) or benefit from an exemption.

Simple* thesis supervision: a single thesis supervisor supervises the research work.

Thesis co-directors: the two thesis co-directors may or may not belong to the same research unit attached to La Rochelle Université, but with a "main" thesis director as the doctoral student's principal attachment and referent for the ED.

International co-supervision: the doctoral thesis is prepared under the joint supervision of two directors, one at La Rochelle Université, the other in another institution abroad authorised to award the doctoral degree. The co-supervision of a thesis is governed by Title III of the Order of 25 May 2016 then modified the 22 August 2022. It must be the subject of an agreement between the two institutions. The student only pays the registration fees in one of the two institutions (often alternatively), carries out his or her training in both institutions and defends the thesis in one of the two institutions. Thanks to cotutelle, the doctoral student obtains a doctoral diploma in each of the two institutions.

The doctorate with European label: this is a label that recognises the European dimension. The doctoral diploma is sanctioned by a diploma supplement "Doctor Europeus" or "Doctorat Européen". To obtain this label, the following conditions must be met at La Rochelle Université (a) a research stay of at least 3 consecutive months in a European laboratory; (b) writing at least part of the manuscript in a European language other than French; (c) at least part of the defence must be conducted in a European language other than French and (d) the authorisation for the defence is granted by two European (outside France) HDR (or equivalent) rapporteurs other than the referent of the foreign host laboratory.

Missions during the thesis

As a member of a laboratory, the doctoral student must carry out his/her research on a subject, which is generally proposed by the laboratory. He/she is supervised by one or two research supervisors and sometimes, at most, one or two supervisors (for more details, see the ED regulations).

In addition, the doctoral student registered at La Rochelle Université **must follow 6 training units of 15 hours each: 2 transversal training courses and 2 specific training courses, the 2 other units can be either transversal or specific or a mixture of both depending on the doctoral student's project.**

Under certain conditions, complementary activities (teaching, expertise, dissemination of scientific and technical information and exploitation of research results) may also be carried out (maximum 64 hours of teaching and/or 32 days of expertise). In all cases, the total duration of complementary activities within the framework of a doctoral contract may not exceed one sixth of the annual working time.

For more information on complementary activities, please contact
gestion-enseignants@univ-lr.fr
contact_charges_enseignement@univ-lr.fr

Specific regulations for contractual doctoral students

The **decree** n° 2016-1173 of 29 August 2016 then modified the 22 August 2022 governs the contractual doctoral student. It is strongly advised to read it carefully. Some extracts:

- The remuneration;
- The duration of the doctoral contract is fixed at 3 years, except for specific extensions;
- A gap year may be granted by the President of the University;
- In addition to research activities, complementary teaching activities may be carried out under certain conditions.

The thesis **charter** sets out the principles of the respective rights and duties of the doctoral student, his/her thesis director, the laboratory and the Doctoral School. This charter is common to all doctoral students at La Rochelle Université.

Doctoral courses

Cross-disciplinary training is common to all doctoral students at La Rochelle Université. They are organised by the cross-disciplinary activities centre and include modules on professional integration, enrichment of general and personal skills, communication and languages and research ethics.

Specific training courses are proposed and provided by the host laboratory in consultation with the doctoral school. The aim of these courses is to deepen the knowledge linked to the research themes of the host laboratory. When the laboratory does not offer specific training, you can find some outside (min. 15 hours for a training course) and consult (obligatorily) with your deputy director of the field on its possible validation.

Before the thesis defence, the Doctoral School director checks that the doctoral student has previously validated **6 training units** (including at least 2 transversal training courses and at least 2 specific training courses).

Training courses offered by the Doctoral School's cross-disciplinary activities division

The current cross-disciplinary training courses have been designed at La Rochelle Université to support the development of doctoral students' cross-disciplinary skills in order to :

Increase their personal skills and competencies

The cross-disciplinary activities unit supports this type of training because a solid personal training of the doctoral student increases his/her employability and personal development. It also helps to strengthen the links between the future researcher/executive and his/her former institution.

These courses include for instance language courses (refresher courses in English, writing scientific texts in English, conversation in English, courses in French as a foreign language) and communication courses (participation in and/or organisation of the "festival du film (pas trop) scientifique": production of a short film, participation in the "Ma Thèse en 180 secondes" competition and presentations (oral and poster) at the "Colloque des Doctorants de 2^{ème} année")

Professionalization and access to the business world

These courses aim to valorise the know-how and skills acquired during the thesis and learn how to protect new discoveries. The courses offered are for instance: intellectual property and valorisation and new thesis

¹ As salaried staff of the University of La Rochelle, doctoral students on a doctoral contract may also access any training offered by the HRD

chapter (skills assessment). Other courses allow for a doctoral-company face-to-face meeting (HACKATHON), organised by Campus Innov and the La Rochelle Université Foundation.

Basic Research and Education

These courses enable doctoral students to focus their research ("Specialised documentary research" in cooperation with the University Library) and to develop their teaching skills at university level. An open training course on "innovative pedagogy" is proposed in this sense.

This training offer is summarised in Table 1. Cross-curricular training is provided in the form of teaching units (TU). All the UEs have a minimum hourly volume of 15 hours. Doctoral students must take at least two of these courses. Details of these courses are given on the following pages.

Other courses may be offered during the academic year. Please check with the doctoral school secretariat.

The courses open with a minimum enrolment of 12 students, except in special cases (FLE, Film Festival, MT180, HACKATHON and New Thesis Chapter).

Other cross-disciplinary training courses to which La Rochelle Université doctoral students have access are offered at the [URFIST: http://weburfist.univ-bordeaux.fr/](http://weburfist.univ-bordeaux.fr/)

Table 1 - Cross-curricular training offer proposed by the Pôle des Activités Transversales.

FORMATIONS	UE	Intitulé formation (15h minimum)	Année conseillée de doctorat
General training	UE-1	Research ethics	1
Personal skills	UE-2	English 1 (scientific writing)	2,3
	UE-3	English 2 (conversation)	1,2,3
	UE-4	FLE course - French for foreign people	1,2,3
	UE-5	Participation/organisation of the "Festival du film (pas trop) scientifique"	1,2,3
	UE-6	^{2nd} year doctoral students' conference	2
	UE-7	MT180" participation	1,2,3
Professionalization and access to the business world	UE-8	Programme PhD+	1,2,3
	UE- 9	Challenge PhD-private company	1,2,3
	UE-10	LaTeX: writing scientific documents	1,2,3
	UE-11	New thesis chapter (skills assessment)	3
Research and Education	UE- 12	RESCUE (Climate change resilience and the European Union)	1,2,3
	UE-13	Qualitative approaches - Case studies	1,2,3
	UE-14	European Funding : understanding the context and identifying opportunities	1,2,3
	UE-15	Specialized documentary research (BU)	1
	UE-16	Training in university pedagogy	1,2

Focus on the courses open at La Rochelle Université for 2024/2025:

UE1	<i>h. variable</i>	<i>Research ethics</i>	MOOC
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A list of MOOC can be found:

<https://www.fun-mooc.fr/fr/cours/integrite-scientifique-dans-les-metiers-de-la-recherche/>

<https://www.fun-mooc.fr/fr/cours/ethique-de-la-recherche/>

EU2	15h	<i>English- scientific writing</i>	<i>Frank Healy</i>
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Organisation of the course: 3 hours per week.

Dates: January & February

Maximum number of participants: 20

Required work and follow-up: (Project, report, minutes, presentation) :

- Work on articles to be published, or thesis chapters in English.
- Students will be asked to write a number of abstracts, articles or other texts depending on their starting level.
- Some of the work could be done by e-mail (sending documents to the tutor, returning corrected documents).

Objectives:

- To improve the techniques of writing scientific texts (abstract, article or thesis).
- Through workshop work on their own technical writing, to consolidate and even improve the reading and writing skills already acquired.
- To make students aware of their writing problems and give them an adequate methodology.

Contents :

- The student's area of research (from English sources).
- Scientific writing techniques in English.
- Language problems specific to each.

For whom: PhD year 2/3

The advantage of this module is that the course takes the form of a workshop during which students work on their own texts.

Evaluation:

The student's attendance, work and involvement. Student's level of writing according to the CEFR (Common European Framework of Reference for Languages).

EU3	15h	English- conversation	Frank Healy
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Organisation of the training: 3 hours/week.

Dates: January & February

Work required and follow-up :

Preparation of English-language press reviews. Participation in debates. Participation in role plays. Oral presentations on various topics.

Objectives:

In the professional scientific environment, there is clearly a need to master the technical English of one's speciality, but it is also important to be able to communicate on more general topics: the famous "small talk", which is very important in the image one gives of oneself. The aim of this module is therefore to improve students' ability to hold a conversation in general English.

The aim of this module is to improve students' ability to hold a conversation in general English.

For whom?

For doctoral students wishing to improve their conversational English.

Evaluation:

Attendance, work and involvement of the student.

The student's writing level according to the CEFR (Common European Framework of Reference for Languages).

EU4	15h	FLE- French as a Foreign Language (for foreign students)	William Léger
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Training organization: 2 hours per week.

Dates: January to March.

Maximum number of participants: 12

Required work and follow-up :

- Work on a variety of texts.
- Writing of short everyday texts.
- Class discussions and short oral presentations.
- Observations and exercises on the structural aspect of language.
- Reflective approach on the part of each student.

Objectives :

- Gain autonomy in the French language: daily life, university studies, etc.
- Gain self-confidence in front of a French-speaking audience.
- Improve written and oral skills (comprehension and production).
- Understand the professional world in France through the notion of interculturality.

Contents :

- Initial placement test.
- Work on verbal, non-verbal and paraverbal communication.
- Writing techniques.
- Grammar and vocabulary.

For whom: PhD year 1-2-3

The module's plus points: no booklet to follow like at school, the course is part of a FOS (Français sur Objectifs Spécifiques) approach and adapts to the level of each student based on authentic documents.

Assessment methods :

Attendance, work and involvement of the student. Written and oral levels assessed according to the CEFR (Common European Framework of Reference for Languages).

EU 5	h variable	<i>Not Too Scientific Film Festival</i>	<i>Équipe audiovisuelle :</i> <i>Dominique Besse & Cédric Rochereul</i> ADOCS
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Organisation of the training: see ADOCS.

Dates: Fête de la Science week, autumn 2025..

Objectives:

The objective is for young researchers (doctoral students or young doctors) to present their work to a large audience, by means of a film of approximately 5 minutes. No writing constraints are imposed, and there is total freedom in both form and content. The only requirement is that the films be popular: they must be short, lively and entertaining.

Modalities :

The future directors will be given training by the ISD's audiovisual team in scriptwriting, audiovisual language and filming techniques during May and June. They will then shoot the film with the actors of their choice. The equipment needed to make the film will be loaned and, if necessary, the audiovisual team will help with editing. They will also take part in the events planned to show the films (in secondary schools, gala evenings, science festivals, etc.), usually organised during the Fête de la Science in October.

To apply, please send an email to

adocs@univ-lr.fr

indicating name, surname, field of research and title of the short film (even if provisional), before April of the current year.

To view films from previous editions:

<http://adocs.univ-lr.fr/index.php/festival/palmares>

Evaluation: To validate the course, doctoral students must present their film at the festival organized in October. He/she must then submit a validation request to his/her domain referent, indicating surname, first name, title of short film and/or activities, as well as an estimate of the hours invested in the activity.

EU6	1-2 days	2 nd year PhD students' conference	Christel LEFRANCOIS
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Organisation of the training: conference (scientific paper writing, oral presentation and poster presentation).

Dates: May/June 2025

Objectives:

The main objective is to make the research carried out by doctoral students better known, both inside and outside the university. It is therefore a question of communicating about one's thesis work through :

- Writing a 2-page abstract. All abstracts will be compiled into a booklet and handed in on the day of the conference.
- The development of a poster. The posters are displayed in the hall of the university library.
- An oral presentation (5 min or MT180 format = 3 min)

Articles, posters and oral presentations are intended for ULR doctoral students and researchers in all disciplines, but also for a wider public. It is therefore an exercise in scientific popularisation.

For whom?

PhD year 2.

Evaluation:

Participation in this conference is compulsory and is part of the training. A request for validation must be sent to the Director of the Doctoral School indicating name, first name, title of the scientific work presented and the estimated number of hours invested in the event.

Prizes are awarded.

EU7	h variable	My Thesis in 180 seconds (MT180)	Christian GOICHON Christel LEFRANCOIS
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Organisation of the training: competition with an organization depending on the national calendar

Dates: La Rochelle selection (5 of March 2025), regional final (before the 16th of May 2025), national final (17th of June 2025), international (autumn 2025)

Objectives:

This competition allows PhD students to present their research topic in simple terms to the general public. They have 3 minutes, not a second more, to present their thesis! This is a unique opportunity for them to improve their communication skills and to disseminate their research in the public space.

The My thesis in 180 seconds competition is inspired by the *Three minute thesis* competition, first organised in 2008 by the University of Queensland, Australia. Each participant has to give a clear and understandable, yet convincing presentation of their research project to a diverse lay audience in three minutes.

Modalities :

A coach will accompany you throughout to prepare your presentation. You must present in French.

For whom?

PhD year 1-3 and doctors who defended their thesis in the academic year 2023-24. You must speak French.

Evaluation:

Participation in this competition is highly recommended as it allows you to put your speaking skills into practice for an uninformed audience while demonstrating your scientific qualities. Send a request for validation to the Director of the Doctoral School indicating name, first name, title of your presentation, if you were a finalist and estimated hours invested in the event.

Prizes are awarded for each final.

EU8	15 h	PhD+ program: explore the full potential of your research	OpenCampusInnov, SATT Aquitaine : Gaëlle Demellier /Amira Terfi
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Training organization: 2 continuous days (9:00 am - 6:00 pm) in the BU CampusInnov rooms, minimum 8 participants

Dates: April 8 and 9, 2025

Objectives :

- Discover the world of innovation and entrepreneurship
- Develop critical thinking skills by adopting an entrepreneurial approach to research
- Familiarize yourself with economic development and the basics of research funding
- Develop new skills and creative work methods
- Work with other PhD students in co-development

Content:

We offer a two-day immersion in the world of innovation and research commercialization. How can you take a fresh look at your research work and envisage its commercialization in the socio-economic world (how to transform your research results into products or services)?

We'll also look at various notions of innovation and intellectual property, as well as the different ways in which your research can be commercialized.

Finally, we'll take a closer look at pitching, narrative and oratory techniques.

These two days will be punctuated by knowledge inputs and practical workshops that will enable you to acquire new tools and working methods (creativity methods, co-development work, design thinking, etc...)

This is a discovery program, and you don't need to have identified a project to take part.

For whom: PhD students - The PhD+ program is open to all fields.

The module's plus points: concepts will be presented in a fun and participative way, with speakers and experts sharing concrete experiences.

Assessment criteria: attendance and active participation in workshops.

EU9	18 h	<i>Doctoral student-business challenge</i>	<i>Julien Duranceau - Pierre Braud - LA MATIÈRE Gaëlle Demellier - OPENCAMPUSINNOV</i>
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Training organization :

Face-to-face in the University Library's creativity rooms

Registration deadline November 4: <https://www.eventbrite.fr/e/inscription-challenge-doctorants-entreprises-949037094497>

Contact: opencampusinnov@univ-lr.fr

Dates : November 20-22, 2024

Objectives :

During these 3 days, participants will have the opportunity to discover and work on the following concepts: creativity, impact solutions, prototyping a solution, the art of the pitch, co-development work methods.

The aim of this event is to raise awareness of the skills of doctoral students in the corporate world by demonstrating their ability to produce innovative proposals, to enable doctoral students to open up to the business world, and to raise awareness among doctoral students of the spirit of entrepreneurship and innovation.

Contents

Over 3 days, doctoral students from the Universities of Pau, Bordeaux and La Rochelle will have the opportunity to work on a concrete challenge brought to them by a local company or project leader. Participants will have to work with teammates, innovate, experiment, research and adapt to come up with an innovative solution in response to a concrete challenge on the theme of ecological transition.

This 3-day exploration will be punctuated by :

- group work
- support from a coach
- workshops to guide doctoral students through the process.

Each team will have the opportunity to defend its solution in front of a jury of experts.

For whom: all doctoral students. All specializations welcome!

Module plus :

Discover new ways of working

Explore your creative potential

Meet and work in groups with PhD students from different disciplines

Experience the world of business

Have a great time!

Assessment methods: Participation (attendance, work, involvement)

EU10	15h	LaTeX scientific writing	Benoit Simon-Bouhet
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Organisation of the course: 2nd semester

Dates: January 2025

Objectives:

To provide participants with the necessary skills to produce scientific documents of excellent typographical quality that meet academic standards for writing theses, scientific articles, reports and dissertations.

For whom: all PhD students

Contents :

The contents are adapted to ensure the writing of scientific texts and dynamic reports.

Evaluation: Attendance

EU11	6 to 8 days	New Thesis Chapter (skills assessment)	Frédérique Deloffre-Vye
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Organisation of the course: 2nd semester

Dates: April/May/June 2025

Objectives:

The programme "Valorisation of competences - a new chapter of the thesis" helps doctoral students at the end of their thesis to take stock of their competences and to valorise them.

For whom: exclusively 3rd year PhD students

Contents :

It is a real inventory and a highlighting of the skills that were necessary for the successful completion of the thesis. It has no academic character and does not enter into the evaluation of the thesis, nor into the obtaining of the diploma.

This work includes a critical analysis of the progress of the thesis from a project point of view, an identification and enhancement of the professional skills and competences developed during the thesis, illustrated by examples drawn from its preparation (see in annex: "recommendations for analysis and writing").

The exercise proposed to the doctoral student is carried out with the support of his/her host team and his/her thesis director and with the accompaniment of a mentor generally proposed by the doctoral school. The GBS can, if necessary, help the doctoral school to identify a mentor. The mentor will generally be a human resources consultant. He/she must be external to the research system and have a good knowledge of recruitment practices in companies and the context of professional integration of PhDs. He/she will help the PhD student to identify and valorise the achievements of his/her thesis and to elaborate the new chapter of the thesis. All mentors are trained by the ABG. This analysis leads to a synthesis that can be easily understood by non-specialists in the doctoral student's field of research and exploited by the young doctor to enhance his or her value during a job search. This work mobilises the doctoral student the equivalent of about 6 to 8 days of essentially personal work.

Evaluation: Attendance and quality of the report

EU12		RESCUE (Climate change resilience and the European Union)	Agnès MICHELOT
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Training organization: 2nd semester 40h spread over 8 weeks (program details (dates, speakers, etc.) will appear on the dedicated RESCUE website; please note that the last year of RESCUE is only accredited for 3 years by the European Union).

Dates : Teaching will take place in hybrid mode. Face-to-face courses will take place from January 10 to March 7, 2025, in the evenings and on Saturday mornings, to encourage the participation of as many people as possible.

Objectives :

A multidisciplinary training course that presents in a concrete way the European Union's action in terms of resilience in a context of climate change:

- to better understand the risks linked to climate disruption.
- to know and critically analyze the numerous concrete initiatives developed by the European Union in the framework of its climate, environmental, energy, maritime and social policies, etc.
- Understand the importance of European cooperation and external partnerships to achieve the global objective of resilience to climate change
- to master the essential tools to contribute concretely to the necessary transformation of society
- to offer an innovative training that is increasingly sought after by public and private recruiters at the local, national and European levels.

For whom: PhD 1, 2 & 3; all disciplines

Contents : The Transversal Teaching Module "European Union, Climate Change and Resilience" is the first European teaching module, funded by the European Union within the framework of the Jean Monnet Action (Erasmus + Program) at La Rochelle University.

The teaching proposed in this module on resilience will focus on the political context and practical actions undertaken by the European Union in the face of climate change, a topical subject that lies at the heart of European policies supporting the transition of the European continent towards an environmentally friendly economy capable of facing future climate challenges. This module also responds to the need to develop new skills required by the many economic and social actors of the ecological transition.

For details of the teaching program: see the RESCUE website

Advantages of the module:

This module is accredited by the European Union, and represents a supplement to the diploma that can be valued internationally and that counts in the career of a young researcher. It is the first Jean Monnet module obtained by La Rochelle University and is only open for 3 years. The module is taught by a multidisciplinary team (law, political science, economics, biology, anthropology) with part of the teaching in English given by foreign professors.

The module provides an opening onto European studies which completes the doctoral student's disciplinary training. Moreover, the evaluation of the module is based on a practical case that can be treated by a group of students from several disciplines. Doctoral students will have the opportunity to support the supervision of students (undergraduate and graduate) from several disciplines

Evaluation: Attendance and multidisciplinary case study

EU13	12 h	Responsible Conduct of research (RCR) – ethics and politics of research in contemporary society	Guillaume DELALLIEUX
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Training organization: 4 x 3-hour seminar-style workshops. Participants are invited to read the suggested readings before the session, which will form the basis of the discussions.

Dates: January to April 2025

Work involved and follow-up: The workshops are preferably based on work carried out by doctoral students as part of their thesis (interviews, participant observation, case studies, etc.), whatever their stage of completion. Interview guides, observation protocols, analyses produced by PhD students may be commented on, amended during the sessions.

Objectives :

- Introduce case logic to students from diverse backgrounds
- Identify the issues involved in certain qualitative analysis techniques (interviewing / observation).

Content: 4 workshops of 3 h :

Sessions 1 & 2: Case study - Theoretical and epistemological issues

What is a case?

Reading: Introduction - (Ragin, Becker, 1992)

Theoretical framing and problematization in case studies

Chapter 9 & 10 (Ragin, Becker, 1992)

Langley, Ann. "What Is 'This' a Case of? Generative Theorizing for Disruptive Times". *Journal of Management Inquiry* 30, no. 3 (July 2021): 251-58.

Examples to read (1 of your choice)

Greenwood, Royston, and Roy Suddaby. "Institutional Entrepreneurship In Mature Fields: The Big Five Accounting Firms." *Academy of Management Journal* 49, no. 1 (February 2006): 27-48.

<https://doi.org/10/cncst>.

Khan, F R, K A Munir, et H Willmott. "A Dark Side of Institutional Entrepreneurship: Soccer Balls, Child Labour and Postcolonial Impoverishment". *Organization Studies* 28, no. 7 (July 1, 2007):1055-77.

<https://doi.org/10.1177/0170840607078114>.

Session 3 & 4 :Case studies - Practical applications

Preparation, presentation and student feedback in the form of group work.

Students will work on and present a case study assigned by the teacher.

For whom: All students (management, social sciences, science), whatever their level of progress.

Benefits: Customized, small-scale training (maximum 12 participants).

Assessment methods: Active participation in sessions.

Litterature:

Bruner, Jerome. « The Narrative Construction of Reality », s. d.

Cefai, D., et J.A. Barnes. *L'enquête de terrain*. Collection « Recherches » (Editions La Découverte).: Série « Bibliothèque du MAUSS. » Ed. La Découverte/M.A.U.S.S., 2003.

Cornelissen, Joep P., et Mirjam D. Werner. « Putting Framing in Perspective: A Review of Framing and Frame Analysis across the Management and Organizational Literature ». *Academy of Management Annals* 8, n° 1 (janvier 2014): 181-235. <https://doi.org/10.5465/19416520.2014.875669>.

Greenwood, Royston, et Roy Suddaby. « Institutional Entrepreneurship In Mature Fields: The Big Five Accounting Firms ». *Academy of Management Journal* 49, n° 1 (février 2006): 27-48. <https://doi.org/10/cncst>.

Hambrick, D. C. (2007). The field of management's devotion to theory: Too much of a good thing? *Academy of Management Journal*, 50(6), 1346-1352.

Khan, F R, K A Munir, et H Willmott. « A Dark Side of Institutional Entrepreneurship: Soccer Balls, Child Labour and Postcolonial Impoverishment ». *Organization Studies* 28, n° 7 (1 juillet 2007): 1055-77. <https://doi.org/10.1177/0170840607078114>.

Langley, Ann. « What Is "This" a Case of? Generative Theorizing for Disruptive Times ». *Journal of Management Inquiry* 30, n° 3 (juillet 2021): 251-58.

Ragin, C.C., et H.S. Becker. *What Is a Case?: Exploring the Foundations of Social Inquiry*. What is a Case?: Exploring the Foundations of Social Inquiry. Cambridge University Press, 1992.

Rancière, J. *Les bords de la fiction*. Editions du Seuil, 2017. <https://books.google.fr/books?id=dSMzDwAAQBAI>.

Seidl, David, et Richard Whittington. « How Crisis Reveals the Structures of Practices ». *Journal of Management Studies* 58, n° 1 (janvier 2021): 240-44.

<https://doi.org/10.1111/joms.12650>

Van De Ven, Andrew H. « Nothing Is Quite So Practical as a Good Theory ». *Academy of Management Review* 14, n° 4 (octobre 1989): 486-89.

<https://doi.org/10.5465/amr.1989.4308370>.

UE14	15h	European Funding : understanding the context and identifying opportunities	Lucie Vaucel, head of the project development support office, La Rochelle Université and EU-CONEXUS + other relevant experts
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Training organization: Training over 2 separate days (9.00-12.30 am – 1.30-5.00 pm).

⇒ Conditions of a minimum of 5 people.

⇒ Training conducted in English.

In the medium term: training included into the EU-CONEXUS doctoral program

Dates : December 2024 & February 2025 (to be confirmed)

Objectives: The training aims at introducing PhD students to European funding. They will get a better understanding of the objectives and opportunities related to these projects. It should help them getting ready to apply for and/or contribute to European funding applications, preparing them for the next steps of their research career after the completion of their thesis.

For whom The training is meant for students who are absolute beginners in this area. It is open to R1: First Stage Researchers (up to the point of PhD) only with a target on second & third year of PhD.

Target skills :

Being able to navigate the jungle of European funding

Being able to identify relevant calls and understand them

Knowing the appropriate language used in EU fundings

Getting a first idea of what is expected in a Horizon Europe proposal (evaluation criteria and transversal aspects)

Learning about MSCA Postdoctoral Fellowships

Content & program

The training will use different methods: presentations, exercises, group work and testimonies from successful applicants and/or experts.

Day 1:

Introduction to Research funding at a European level

Identifying and understanding a European call

Brainwalk Exercice: EU vocabulary

Introduction to MSCA programmes, especially MSCA Postdoctoral Fellowships

Day 2:

Preparing a proposal: introduction to budget, consortia and evaluation criteria (excellence, impact and implementation)

Introduction to the importance of transversal aspects (communication, dissemination, exploitation (IPR), open science and data management plans, ethics and scientific integrity, HRS4R principles)

How to manage a EU project (administrative / budget implementation)

Group work: case study of an MSCA PF proposal

Assessment methods::

- Active participation over the 2 days

- Group work

EU15	15 h	Specialised literature search	Carine LAVIGNE
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Organisation of the course: Module composed of 1h30 sessions offered in the 1st and 2nd semester (2 sessions)

Dates: Session 1 : 2-7 February 2025 (9:30-13:00)
Session 2: 14-16 April 2025 (2 days and half)

Objectives:

Enable PhD students to :

- Know how to conduct a search for scientific information.
- To appropriate the methodology and tools of documentary research.
- Optimise document management (monitoring, bibliographic management).
- Know the open access publishing environment.

For whom: 1st year PhD students. 14 people maximum.

Contents :

- Methodology of documentary research: your choice.
- Module SHS / Law-Management or Module STM
- Optimize your documentary research: manage your bibliographic references (Zotero): 2 modules: Beginner and Advanced
- Copyright and plagiarism / Documentary watch / Mind-mapping / Presentation of a Datavisualisation tool
- Using the SCOPUS database
- Reading and Publishing in Open Access / Managing your digital identity as a young researcher / Liberate Science!: serious game
- Collaborate to Wikipedia

Evaluation: Attendance

EU 16	15 h	Training in university pedagogy	Ana-Maria Constantin
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Organisation of the training: module composed of five 3-hour workshops

Dates: to be defined

Objectives: To support the University's doctoral students in their professional development in matters relating to teaching and learning. Based on three levels of training development, the "University Pedagogy" module is part of a 1st level pathway corresponding to the development of: basic general and factual knowledge and skills for designing and running courses, using the digital tools made available.

For whom: doctoral students teaching at university ; doctoral students who have a professional teaching project (teacher-researcher, etc.)

Targeted skills:

→ Adapting to your environment

- Understand how the French and European education and research systems are organised and how an EPSCP (public scientific, cultural and professional establishment) operates.
- Situate your missions, role and scope of responsibilities within this organisation, so that you can adapt and take initiatives.
- Understand changes in the student population, their expectations and needs.

→ Design lessons that encourage learning for everyone

- Define the objectives of the module or course in terms of knowledge and skills.
- Take into account the following in their teaching: the most recent advances in the field; the diversity, knowledge and needs of the target audience; a variety of teaching approaches and tools; physical and virtual learning environments.
- Devising and planning learning activities and sequences, assessment criteria and methods (formative and certificative), while ensuring consistency between objectives, teaching methods and assessment.
- Structure teaching content and design appropriate resources, in some cases using digital media.

→ Supervising learning activities

- Motivate, train and involve learners in groups of varying sizes.
- Encourage interaction and collaborative working (between learners and between learners and teachers).
- Accompany the learners as they learn and enable them to position themselves regularly in relation to their expectations.
- Assert your authority and communicate your requirements.
- Managing time and contingencies

→ Assessing learning outcomes

- Diversify assessment methods and encourage learning by giving priority to regular formative assessments.
- Take into account the possible limits and biases of assessment methods (do-cimology).
- Analyse assessment results in order to diagnose any difficulties encountered and, if necessary, propose changes to the training programme.
- Communicate and comment on assessment results.

Evaluation: Attendance, work and involvement in the proposed activities

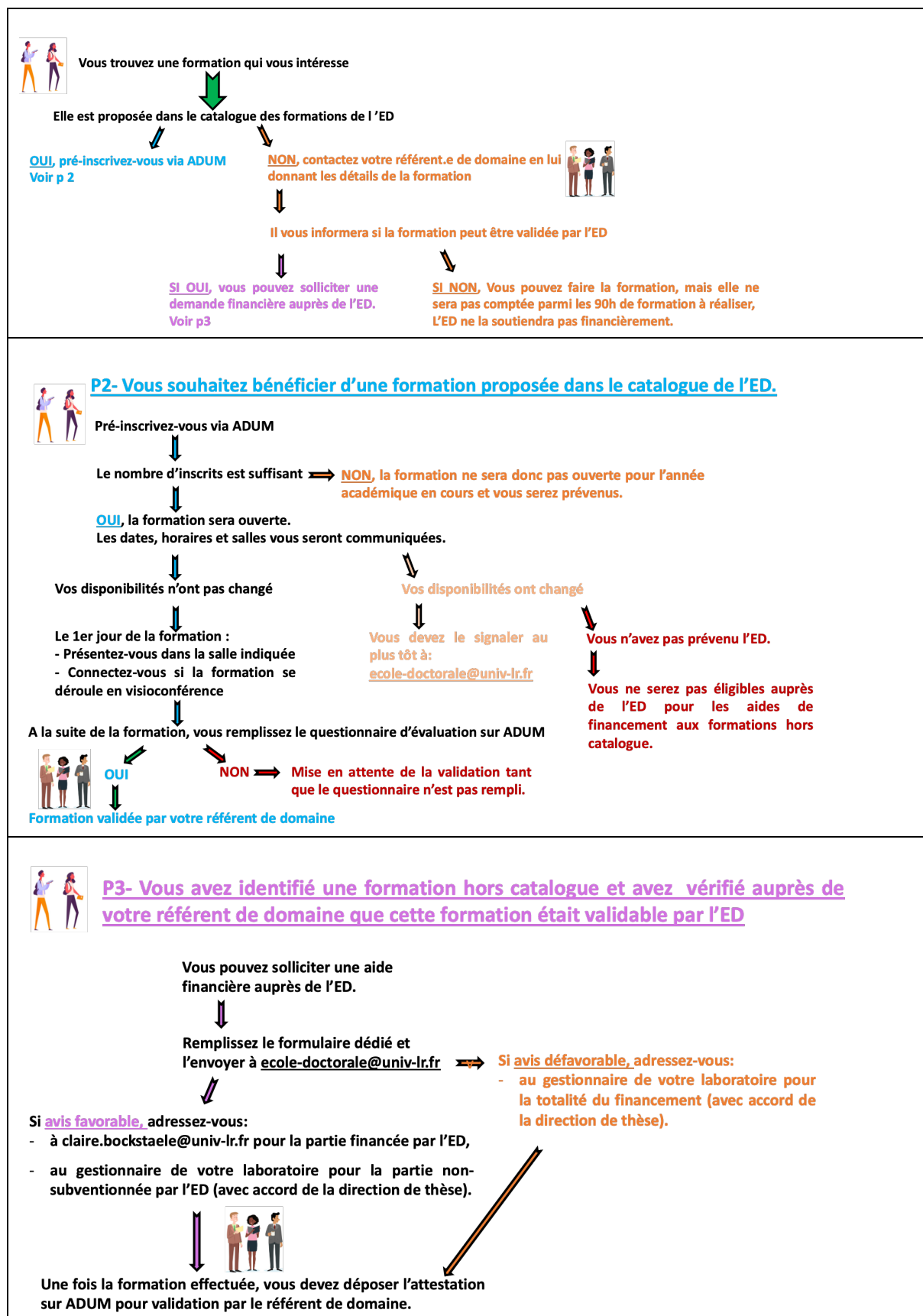
Content: The 5 workshops are interdependent: each one provides prerequisites for the other sequences. They are organised around theoretical contributions, linked to practical activities, collaboration and exchanges between participants.

Program :

Workshop 1 - What is university teaching (3 hrs) Workshop 2 - Designing a course (3 hrs)

Workshop 3 - Running a course (3 hours) Workshop 4 - Evaluating a course (3 hours)

Workshop 5 - Learning spaces (3 hours)



Thesis defense

The president of the university authorises the defence of the thesis **after receiving the opinion of** the director of the Doctoral School on the proposal of the thesis director.

Doctoral students' events

Doctoral students' first meeting of the year

Organised at the beginning of the academic year, this meeting is a moment of conviviality and integration for new doctoral students. It aims to provide general information on the doctoral school and the organisation of doctoral training. The different services that La Rochelle Université offers to its doctoral students are also presented.

My thesis in 180 seconds" competition

This competition allows PhD students to present their research topic in simple terms to the general public. They have 180 seconds, not one more, to present their thesis topic! This is a unique opportunity to improve their communication skills and to present their research to an audience. The winners participate in a regional, then national and finally international (in French) final. Prior to the presentation, individual training by a professional actor is offered to the candidates. The presentation takes place in March-April depending on the national calendar.

Prizes are awarded to the best presentations.

2nd year PhD students' conference.

Participation in this conference is **compulsory** and is part of the training. It takes place in May/June. The main objective is to make the research carried out by doctoral students better known, both inside and outside the university. It is therefore a question of communicating about one's thesis work (popularisation of science) through:

- writing a 2-page summary (all summaries are collected in a booklet)
- the creation of a poster (posters are displayed in the hall of the university library)
- an oral presentation (short, 5 minutes or "My thesis in 180 seconds" mode, 3 minutes)

Prizes are awarded: the prize for the best oral presentation, the prize for the best poster presentation and the doctoral student prize

Doctoral graduation ceremony.

Through this event, La Rochelle Université aims on the one hand to honour its new PhDs and, on the other hand, to raise awareness and promote training through and for research. This ceremony takes place under the aegis of a sponsor, in the presence of representatives of the university's management, the directors and deputy directors of the doctoral school, the thesis directors, external personalities and members of the graduates' families and friends.



Associations of interest to doctoral student

ADOCS (Association of PhD students and young doctors of La Rochelle Université)

Contact <https://adocs.univ-lr.fr/> and adocs@univ-lr.fr



The association encourages meetings and exchanges between doctoral students from different disciplines around cultural projects and events. Numerous evenings and cultural or sporting outings are organised throughout the year.

Several scientific culture projects have been or are still being carried out by ADOCS, aimed at the general public and schools. Among these, the [not too] scientific film festival, a first in France at the time of its creation by ADOCS in 1999!

Finally, ADOCS is also a network of former PhDs from La Rochelle Université and a desire to create a strong link with the socio-economic world: innovation, project management, rigour and management of deadlines are keywords shared by companies and PhDs!

Membership of the ADOCS is possible for any doctoral student or doctor on a fixed-term contract at La Rochelle Université. It is done by paying an annual fee, the amount of which is set by the Board (10 euros in 2024-25). To become a member, simply pay this amount to a member of the Bureau. It is always possible to join directly at an event.

Association de la Fondation Etudiante pour la Ville (AFEV)

Contact www.afev.org



AFEV is an association whose creation stems from the desire to fight against inequalities and relegation in working-class neighbourhoods in France, by creating, alongside public policies, spaces for civic engagement for young people in general and students in particular. AFEV is the first network of student intervention in working-class neighbourhoods. It carries out awareness-raising campaigns for the general public: the Day for the Refusal of School Failure, the Observatory of Solidarity Youth, the Observatory of the Social Responsibility of Universities, the European Forum of Committed Youth, Lab'Afev, the ZEP Blog...

Services around the doctoral student

The 'BU' (University Library)

Contact : 1 parvis Fernand Braudel 17000 La Rochelle
05-46-45-39-69

bu_peg@univ-lr.fr

Vous trouverez toutes les informations sur le site :

<https://bu.univ-larochelle.fr/> L'emprunt de documents nécessite l'inscription à la bibliothèque, sur présentation de la carte d'étudiant.



Inter-library loan (ILL): A paying service, which allows you to borrow documents that are not in the La Rochelle library. The costs are covered by the laboratory, with its agreement.

Electronic documentation: includes all documents that can be consulted online (journals, books, encyclopaedias, etc.) and bibliographic databases.

Remote access: from ENT, heading [Documentation] > Doc. Electronic.

Culture

Contact : Espace Culture Maison de l'étudiant, 3, passage Jacqueline de Romilly 17000 La Rochelle, 05-16-49 -67-76 culture@univ-lr.fr

The *Espace Culture-Maison de l'étudiant* offers artistic and cultural workshops, theatre, stage writing, photography, astronomy, electropop choir... 12 weekly workshops, on weekends or every two weeks, led by professional speakers

and artists, which result in public productions, notably during the annual spring festival "Les étudiants à l'affiche". Free registration at the Maison de l'Etudiant or at the beginning of the cultural and associative year.



- Super Pass' Étudiant : FREE (it can be picked up at the Maison de l'étudiant) it allows you to discover more than 300 shows, exhibitions, concerts and films in all the partner cultural venues, at very special rates. Science and culture: La Rochelle Université proposes actions for the dissemination and promotion of scientific culture, the aim of which is to build bridges between science and the general public, and to promote the scientific disciplines. La Rochelle Université coordinates the annual Fête de la Science in October.
- Student involvement, community life and project support: The Maison de l'Étudiant provides information on cultural events in the city and at the university, as well as on student and community life.
- Cultural agenda: Throughout the year, the University's cultural agenda gives pride of place to artistic, cultural and scientific events (screenings, meetings, shows). These events are organised in conjunction with the cultural players in the region (structures, local and regional festivals, etc.) in line with university training and research. Free admission.

Direction orientation insertion

Contact : 2, passage Jacqueline de Romilly, 17000 La Rochelle 05-46-45-26-77 orientation@univ-lr.fr

MRIP provides daily support on various issues relating to professional integration and entrepreneurship. Guidance, integration and continuing education advisors are available every day to meet you, inform you and help you with :



- the different training paths in France, Europe and internationally and the possible bridges between diplomas and higher education institutions,
- the methods (interventions, workshops, teaching) put in place to facilitate your entry into professional life...
- the creation of activity,
- mechanisms for the validation of experience and lifelong learning.

Direction des pédagogies innovantes

Contact 44 Avenue Albert Einstein 17000 La Rochelle 05-46-45-72-74 nolwenn.quere@univ-lr.fr

The Innovative Pedagogies Department is the university teaching department of La Rochelle University. The DPI supports the institution's stakeholders in developing and diversifying teaching and learning practices, drawing on research in the field. The DPI also helps to promote the institution's educational and scientific heritage



The Health and Safety Department

Contact

Technoforum, 05 46 45 72 12

hygiene-securite@univ-lr.fr

Everyone's safety is everyone's business. When you arrive at the university, the prevention of occupational risks must be an integrated concern in all your activities. Various structures dedicated to prevention exist to help you in this collective process.



All doctoral students must ask their department head and/or direct supervisor about good working practices, safety rules and what to do in the event of an accident or disaster. You can contact the prevention assistant of your research unit at any time.

In particular, be aware of the general medical emergency instructions, the general and specific instructions in case of fire, and identify in advance the evacuation routes and the location of the emergency exits.

General safety training (fire extinguisher handling, gestures and postures, screen work, etc.) is organised by the HSE department during the year. You are invited to participate.

In addition, depending on your activities, you may be required to take specific and compulsory safety training courses (chemical risks, biological risks, electrical authorisation, etc.). Contact your department's prevention assistant or the HSE department to find out what your obligations are in this area.

05. Vos interlocuteurs et interlocutrices

01. Vos points de contact directs en cas de difficulté au travail⁽¹⁾

- Je éprouve une difficulté liée au travail (poste, handicap), j'ai un projet (mobilité, évolution, etc.) :

Violaine Larrieu

Chargée d'accompagnement des parcours du personnel à la DRRH

violaine.larrieu@univ-lr.fr

05 46 50 76 75

- J'ai une difficulté sociale :

Marie-Christine Morel

Assistante sociale du personnel

marie-christine.morel@univ-lr.fr

- J'ai un problème de santé lié au travail :

Docteur Marie-Annick Even Baisse

Médecin du travail au STAS17

ma.even-baisse@stas17.fr

05 46 50 07 20

- Je suis en conflit avec mon administration suite à une décision individuelle avec laquelle je ne suis pas d'accord et après un premier recours resté infructueux, j'ai un conflit interpersonnel avec un membre de l'Université⁽²⁾ :

Caroline Asfar-Cazenave

Médiatrice

caroline.asfar@univ-lr.fr

05 46 45 85 37

- Je souhaite déclarer ou signaler une situation de RPS, ou poser une question en lien avec la qualité de vie et des conditions de travail :

cellule.rps@univ-lr.fr

(réponse sous 72h) dont les quatre contacts ci-dessus sont les uniques destinataires.

- Numéro d'urgence unique de l'Université :

05 46 45 83 64

- Vice-présidente Egalité et QVCT :

Elodie CHAZALON

elodie.chazalon@univ-lr.fr

- L'un ou l'une de vos étudiants / étudiantes est témoin ou victime de harcèlement, discrimination, violence :

Relais d'écoute et d'accompagnement :

luniversitemeprotege@univ-lr.fr

02. Autres interlocuteurs et interlocutrices

- La F3SCT soit la Formation Spécialisée en Santé, Sécurité et Conditions de Travail

C'est une instance composée de représentants du personnel et de l'administration. Emanant du Comité Social d'Administration (CSA) elle participe au dialogue social et intervient sur les conditions de travail portant notamment sur des éléments générateurs de RPS (organisation du travail, conditions matérielles et environnement physique, articulation vie personnelle / vie professionnelle, impact des nouvelles technologies, etc.) :

Vos représentants et représentantes à la F3SCT :

f3sct-rps@univ-lr.fr

- Le conseiller de prévention

Il a pour mission d'assister et de conseiller le Président dans la mise en œuvre des règles d'hygiène et sécurité au travail. Ses missions s'articulent notamment autour de la prévention des risques pouvant impacter la santé et la sécurité des personnels, et l'amélioration des conditions de réalisation du travail :

Sylvain FARTHOUAT

Directeur de la DHSE

conseiller-de-prevention@univ-lr.fr

07 78 34 54 33

- La cellule d'écoute de la MGEN

La MGEN met à la disposition des agents et agents de l'établissement un service d'écoute anonyme, confidentiel et gratuit. Cet outil important dans la prévention tertiaire des risques psychosociaux permet d'aborder des sujets d'ordre professionnel ou personnel.

Les personnes qui le souhaitent peuvent prendre rendez-vous avec un psychologue (3 rendez-vous gratuits sur leur temps de travail) en appelant le numéro vert mis à leur disposition :

0 805 500 005 (du lundi au vendredi de 8h30 à 18h30).

Les numéros en externe

0 805 500 005

CELLULE D'ÉCOUTE DE LA MGEN

(service et appel anonyme, confidentiel et gratuit)

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POLICE

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POMPIERS

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SAMU

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URGENCES



⁽¹⁾ Attention, les personnes citées ici peuvent changer de poste, et de ce fait, les points de contact de ce livret pourraient évoluer. Dans le cas où l'un de ces contacts ne soit plus le bon, l'alias cellule.rps@univ-lr.fr pourra toujours vous orienter vers la personne adéquate.

⁽²⁾ Pour des cas plus spécifiques pouvant amener à des situations de stress ou de mal-être au travail, vous pouvez aussi contacter le référent dialectique et la référente intégrité scientifique dont vous retrouverez les rôles respectifs sur [l'intranet](#), rubrique « L'Université » > Notre organisation > Dialectologie, médiation et intégrité scientifique.

The University Health Service (SDSU)

Contact : 44, avenue Albert Einstein – 17000 La Rochelle
05-46-45-84-46
secretariat-sdsu@univ-lr.fr



A team at the service of doctoral students composed of: two doctors, two nurses, two clinical psychologists, two social workers and a secretary.

- Health service: preventive nursing check-ups, care, vaccinations, reception for medical appointments, advice,
- General medical consultations: care, listening sessions, nutrition, certificates, medical support for departures abroad (advice, prescriptions, vaccinations)...
- Planning consultations (gynaecology, contraception).
- Accommodation of students with disabilities (study and examination facilities, etc.)
- Individual psychological support and follow-up.
- Student Social Services :

Information on students' rights, funding, listening, help and advice, referral to appropriate structures (CAF, CROUS, etc.).

The Direction des Realties Internationales Europe et Francophonie (DRIEF)

Contact : 1 parvis Fernand Braudel (bât. LLASH) –
17000 La Rochelle 05-46-45-91-14
drief@univ-lr.fr



- La Rochelle University encourages student mobility, cooperation agreements and collaboration between research laboratories. The International Relations Department implements the institution's policy on international relations: it provides support to all those, students and teachers, who work to promote the international dynamism of La Rochelle Université.
- This support can take several forms: administrative support, financial aid for mobility, language preparation.
- The ERASMUS+ programme promotes exchanges in Europe, and includes study visits and work placements;
- La Rochelle Université has privileged partnership areas: The Asia-Pacific zone, a specificity and wealth of La Rochelle Université, Europe (European Education and Training Area) The American continent (North, South and Central America) and especially Brazil.
- Only mobility projects that fall within the framework of an agreement between La Rochelle Université and the partner university are eligible for financial aid. The agreements mention the flows according to the level of study, and include the PhD level.

SUAPSE" (University Service for Physical, Sports and Expressive Activities)

Contact :
Gymnase Bongraine, Boulevard de la République, 17440 AYTRE,
tel : 05 46 45 18
www.suapse.univ-lr.fr



The University Service for Physical, Sports and Expressive Activities is a joint service of the university. It organises and manages a wide range of physical, sporting and expressive activities. For leisure, competition or evaluated practice, you will find, we hope, something to complete and fill your life as a student...

When you start your thesis, you join the civil service. As a result, the MGEN will manage your compulsory health insurance scheme, as it does for all higher education employees (civil servants and contract staff).

La MGEN : Mutuelle Santé Prévoyance, ouverte à tous

La Rochelle Université

D'ici, on voit + loin !

- Gestion du régime **obligatoire des agents de l'enseignement du supérieur** (fonctionnaires et contractuels)
- Complémentaire santé-prévoyance référencée par le ministère
- Acteur global de santé : **prévention** au service des personnels et des élèves, **actions sanitaires et sociales**
- **Accompagnement** des situations de vie personnelle et professionnelle



GRUPE **vyv**

Section de Charente-Maritime : 8, rue de Belgique ZAC de Beaulieu
17138, PUILBOREAU
www.mgen.fr sd017-contact@mgen.fr

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**D'ici
on voit
+ loin !**

La Rochelle Université



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